

January 2023

ALPHA DELTA KAPPA TEXAS DISTRICT II

JANUARY 2023

A Message from Melynn Bowen

A New Year! A new year brings new opportunities and adventures, new ways to give and to love and a renewed hope.

The last couple of years I have used ONE WORD 365 with my students at school. If you are not familiar with this initiative, you choose one specific word that will guide you throughout the year as you make decisions and pursue your goals.

Different than resolutions, your one word isn't a constant reminder of what you "should be doing". Instead, it stands to inspire how you want to live and to think about who you want to be. Your one word reflects YOU.

As we begin a new year, I ask you to choose ONE WORD as your focus for ADK. Our sorority surrounds us with opportunities for service, sisterhood and sharing ourselves with others. Focus on being, rather than doing. Be authentic. Your one word is not about doing more, but about being who you were created to be.

May this be your best year ever!



Officers

President - Melynn Bowen
melynn.bowen@gpisd.org

President-Elect - Emily Harris
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Secretary - Lea Bailey
Lbailey69@gmail.com

Treasurer - Robin Miller
survivorrobin@yahoo.com

Historian - Katy Matthews
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Sergeant-at-Arms - Andretta Lowry
aalowry@verizon.net

Chaplain - Becky Sheppard
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Immediate Past-President - Jenny Kelly
jenny.kelly57@yahoo.com

*"Take a leap of faith and begin this wondrous New Year by believing."
-Sarah Ban Breathnach*



WHAT'S YOUR
**ONE
WORD
THIS YEAR?**

INSPIRATIONAL WORDS

LISTEN JOY BRAVE SURRENDER BALANCE
CONTENTMENT PEACE BOLD CHANGE FEARLESS CONFIDENT.
GRATEFUL FAITH HOPE CONSISTENT GROWTH HEALTHY
DISCIPLINE MOVE GRACE OBEDIENCE RELEASE
FREEDOM PRESENT PURPOSE BELIEVE ENOUGH LOVE
POSITIVE SIMPLIFY FAITHFUL ABIDE RENEW DISCIPLINED
INTENTIONAL RESTORE LESS PATIENCE
COURAGE SEEK **FOCUS TRUST** GRATITUDE
STRENGTH CONFIDENCE



Information and Reminders

Policies and Procedures from Paula O'Neill, TX Bylaws Chair

Each chapter is *required* to submit their "Chapter Official Policy Statement for the Policies & Procedures Manual" to **District President** Melynn Bowen **by March 1, 2023.**
melynn.bowen@gpisd.org

This form may be found on the International Website:
Library> Chapter Officers> Chapter Official Policy & Procedures Statement. Please don't hesitate to reach out if you need assistance.

The District Presidents will submit these pages to the State Bylaws Chairman, Paula O'Neill.

Deadlines for Dues

from Robin Miller, TX and District II Treasurer
survivorrobin@yahoo.com

January 1– International, State and District are due.
Send dues to 1615 West 92nd St, Kansas Cit, MO 64114.

January 31– International, State and District dues are late and will be assessed a \$5 late fee for International and a \$3 late fee for State if received after this date. Send state dues to me at 5832 Wavertree Ln., Plano, TX 75093

Chapter Rosters

Don't forget to update your chapter rosters on the ADK International website. After updating your rosters, please send a copy to President-elect Emily Harris via the link below.

[Upload Current Chapter Roster here](#)

Thank you to the following chapters who have already upload their current roster:

Beta
Beta Chi
Beta Iota
Beta Omicron
Beta Zeta
Gamma Xi
Zeta Zeta



District II Photo Drive Continues

Thank you, chapters, for sharing your photos for our newsletter. We love seeing the highlights happening all around. Please remember to share photos with our district historian, Katy Matthews.

Scan the QR code, choose your chapter folder, and upload photos! Or, click on this link [here](#) to send in your pictures to the District Historian.

Any questions, contact Katy Matthews.

SCAN ME



Chapter Highlights

Texas Beta

Beta members bought books for the Collin County Children's Advocacy Center as their December altruistic project. They then enjoyed lunch at Chocolate Angel in Plano.



Carolyn Hudson buying books



Beta members at Chocolate Angel



Texas Gamma Xi

Gamma Xi sisters met at Solomons Studio in Arlington and enjoyed creating Christmas charcuterie boards.



Texas Epsilon Pi

The Epsilon Pi sisters met and shared a meal and "favorite things" gifts. The highlight of the night was the donation to CAC: blankets, pajamas and stuffed animals donated to children in need.



Scholarships, Dates and Deadlines

Regional Professional Development Scholarship: [Link here](#)

Purpose: For advanced study or project in connection with a degree program, postgraduate degrees or National Board Certification

Eligibility: Members engaged in education
May receive scholarship only once

Amount of Award:

- Up to \$1,500 per scholarship
- 2 scholarships per region

Deadline: January 31

Texas Mary Elizabeth Taliaferro (MET) Scholarship:

Purpose: Shall be studying for an advanced degree or certification

Eligibility: Members in good standing
May receive one scholarship in a 12 month period

Amount of award:

Up to \$1000.

Deadline: February 15

District II Vera Neel McCauley Scholarship:

Purpose: For professional development or graduate coursework.

Eligibility: District II Members in good standing

Amount: \$300

Further information and applications coming soon.

ADK District II Spring Luncheon - April 15

hosted by Beta Iota
Invitations coming soon



Congratulations

District II Regional Mini-Fall Scholarships winners!

From TX Beta Omicron
Stacy Redding
Elisa Edgar



Dates to Remember

End of February:

Chapter Presidents submit history of your chapter 1990-2000 to Ann Hudson and Minetta Smith.

March 1:

Chapters submit Official Policy Statement to District President.

